

Just a few follow up notes.

Please see below a few things I have mentioned during my talk that may be of interest.

In no particular order:

The studio light I use manufactured by Bowens.

<https://www.wexphotovideo.com/bowens-xmt500-twin-head-softbox-kit-10002951/>

I also use budget friendly option - LED panel which is great for smaller still life and flowers:

<https://neewer.com/products/neewer-rgb1200-app-control-rgb-light-66601606>

The software I use for remote shooting and for focus stacking called Helicon and it exists in few packages - I have Helicon remote which I use for remote shooting and Helicon focus which I use for focus stacking.

Here is official web site with lots of demo footage and easy to get a trial version of software:

<http://www.heliconsoft.com/>

The paper I use to print my images is Hahnemühle Photo Rag, which I usually buy from Paperspectrum company, but they also sell great budget friendly option: Pinnacle Photo Rug.

<http://www.paperspectrum.co.uk/>

Occasionally I use Permajet brand - Portrait White, which is also matt, slightly textured paper.

Some of backgrounds (fabric ones, not digital) I use come from either B&H :

www.bhphotovideo.com

or from WEX:

<http://www.wexphotographic.com/>

I prefer collapsible backgrounds as they are easy to assemble in a few seconds and easy to store.

Very well-made artificial flowers that I use for practising and teaching come from:

www.amaranthineblooms.co.uk

Clamps to support flowers in front of the camera called Wimberley The Plamp II :

<https://www.wexphotovideo.com/wimberley-the-plamp-ii-1553097/>

Reflectors/diffusers:

<https://www.wexphotovideo.com/interfit-5-in-1-42-inch-reflector-kit-1024205/>

Ready-made medium size background boards I use for teaching purposes are produced and sold by these companies:

<https://clubbackdrops.com/>

<https://www.blueberrybackdrops.com/>

Any local art shop is usually a good source of backgrounds; I usually buy art paper popular for arts and crafts. You can photograph it separately and use it as an added layer in Photoshop achieving various effects by changing the opacity and blending mode.

I use pre-cut mounts from Cotswoldmounts - very reliable service with reasonable prices:

<http://www.cotswoldmounts.co.uk/>

My art book on flower photography is now sold out, but you can let me know if you want to be notified when I do another edition/run:

<https://www.polinaplotnikova.com/shop>

Names of the artists and photographers whose work influenced me:

Jan van Huysum (1682 – 1749)
Pierre-Joseph Redouté's (1759-1840)
Lilian Snelling (1879–1972)
Georgia O'Keeffe (1887 – 1986)
Robert Mapplethorpe (1946 - 1989)
Ron Van Dongen (1964 -)

Willem Claesz. Heda (1594-1680)
Francisco de Zurbarab (1598-1664)
Mary Stevenson Cassatt (1844-1926)
Rene Francois Ghislain Margitte (1898-1967)
Soren Emil Carlsen (1853-1932)

I regularly update my official website:

www.polinaplotnikova.com

And here is my Facebook and Instagram accounts:

<https://www.facebook.com/polina.plotnikova.372>

<https://www.instagram.com/photoartitude/>

https://www.instagram.com/photoartitude_dolls/

Please do not hesitate to drop me an e-mail if you have any questions.

Kind regards,

Polina Plotnikova, FRPS EFIAP